

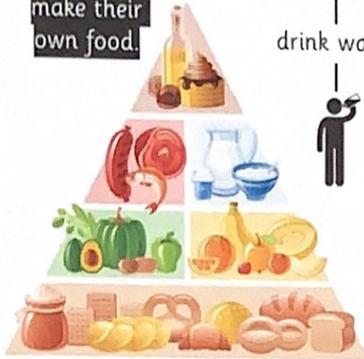


Science

# Introduce Animals, including humans

Year \_\_\_\_\_  
Term \_\_\_\_\_

Animals, including humans cannot make their own food.



**water**  
vital for life  
drink water



**vitamins**  
**minerals**  
**fibre**  
keeps us healthy



**carbohydrates**  
gives us energy



**proteins**  
helps us to grow



**fats**  
energy  
absorb vitamins  
helps nerves and brain  
small amounts

human bodies have **systems** to survive

**skeleton**  
frame  
support  
protection  
movement

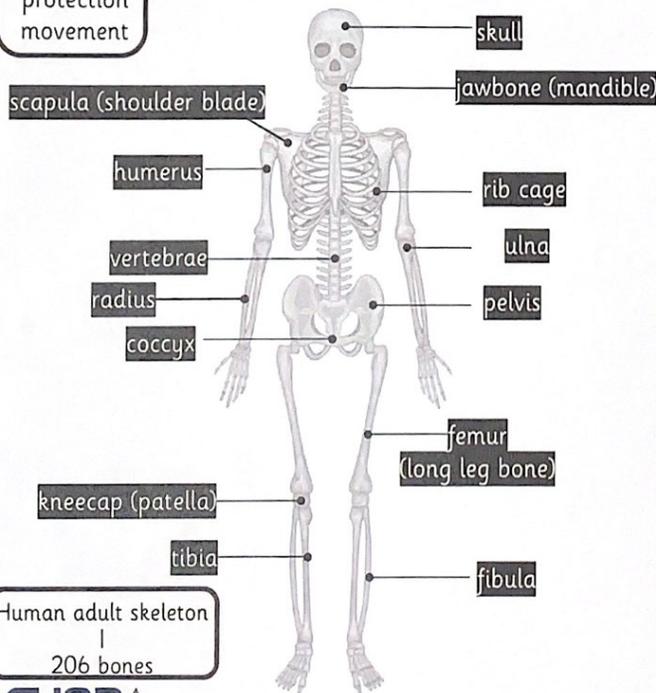
**respiratory**  
breathing  
lungs

**circulatory**  
heart  
blood

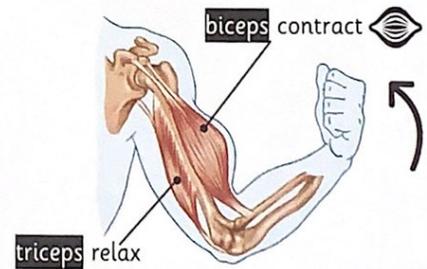
**digestive**  
mouth  
stomach  
intestines  
bowel

**nervous**  
brain  
spinal cord  
nerves

**muscle**  
heart  
movement  
digestion



Human adult skeleton  
|  
206 bones



muscles help **movement**

