

PE Long Term Plan Year A

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Willow	Fundamentals Age 4-5 iExercise Animal Explorers iMoves Age 4-5 Pilates	Fundamentals Age 4-5 iMove Off to the Zoo iMoves Age 4-5 Gymnastics part of unit	Fundamentals Age 4-5 iPractise Pirate Adventure iMoves Age 4-5 Gymnastics rest of unit and extension	Fundamentals Age 4-5 iCommunicate Fun at the Circus Lauren – Dance Willow	Fundamentals Age 4-5 iThink Dino Movers Dance iMoves Minibeasts, Dinosaurs	Sports Day Practice Fundamentals Age 4-5 iCreate Space Cadets Yoga – Cosmic yoga 2 wks Lauren whole school dance
Oak	Fundamentals Age 5-6 iExercise Jungle Mo – throwing and catching	Fundamentals Age 5-6 iMoves Pirates Mo – Invasion games	Mo - Fundamentals Age 5-6 iPractise Machines Lauren Dance - Oak	Fundamentals Age 5-6 iCommunicate Playtime iMoves Age 5-6 Gymnastics	Fundamentals Age 5-6 iCreate Funfair Bat and ball skills 3 weeks iMoves Age 5-6 Pilates 3 weeks	Some Sports Day practice Fundamentals Age 5-6 iThink Wild West Mo – Athletics 2 wks Lauren whole school dance
Ash	Fundamentals Age 7-8 iMove Agility and Coordination Lauren - Dance	Fundamentals Age 7-8 iPractise Resilience and Persistence Mo - Football	Fundamentals Age 7-8 iCommunicate Social Skills and Teamwork Swimming	Mo - Fundamentals Age 7-8 iCreate Creativity and Adaption Swimming	Fundamentals Age 7-8 iThink Reasoning and Solving Mo - Gymnastics	Some Sports Day practice Fundamentals Age 7-8 iExercise Health and Fitness Mo – Basketball 2 wks Lauren whole school dance
Yew	Mo – Fundamentals Age 9-10 iPractise Resilience and Persistence Swimming	Lauren – dance Swimming	Fundamentals Age 9-10 iCommunicate Social Skills and Teamwork Mo – netball, net and wall games	Fundamentals Age 9-10 iCreate Creativity and Communication Mo - Cross country and Gymnastics OAA – FOSS day	Mo – Fundamentals Age 9-10 iThink Reasoning and Problem Solving Swimming	Some Sports Day practice Fundamentals Age 9-10 iExercise Health and Fitness Swimming 2 wks Lauren whole school dance

PE Long Term Plan Year B

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Willow	Fundamentals Age 4-5 iExercise Animal Explorers iMoves Age 4-5 Pilates	Fundamentals Age 4-5 iMove Off to the Zoo iMoves Age 4-5 Gymnastics 4 lessons	Fundamentals Age 4-5 iPractise Pirate Adventure Dance iMoves Animals, Fairy Tales	Fundamentals Age 4-5 iCommunicate Fun at the Circus Lauren – Dance Willow	Fundamentals Age 4-5 iThink Dino Movers iMoves Age 4-5 Gymnastics 5 lessons	Some Sports Day Practice Fundamentals Age 4-5 iCreate Space Cadets Yoga Cosmic yoga 2 wks Lauren whole school dance
Oak	Fundamentals Age 6-7 iExercise Workout World Mo – throwing and catching	Fundamentals Age 6-7 iMove Combat Zone Mo – Invasion games	Mo - Fundamentals Age 6-7 iPractise Sporting Best Lauren – Dance Oak	Fundamentals Age 6-7 iCommunicate Ball Crazy iMoves Age 6-7 Gymnastics	Fundamentals Age 6-7 iCreate Skill Showdown iMoves Age 6-7 Pilates	Some Sports Day practice Fundamentals Age 6-7 iThink Wild West Mo – Athletics 2 wks Lauren whole school dance
Ash	Fundamentals Age 8-9 iMove Agility and Coordination Lauren - Dance	Fundamentals Age 8-9 iPractise Resilience and Persistence Mo – Tag Rugby	Fundamentals Age 8-9 iCommunicate Social Skills and Teamwork Swimming	Mo - Fundamentals Age 8-9 iCreate Creativity and Adaption Swimming	Fundamentals Age 8-9 iThink Reasoning and Solving Mo - Gymnastics	Some Sports Day practice Fundamentals Age 8-9 iExercise Health and Fitness Mo-Athletics 2 wks Lauren whole school dance
Yew	Mo – Fundamentals Age 10-11 iPractise Resilience and Persistence Swimming	Lauren – dance Swimming	Fundamentals Age 10-11 iCommunicate Social Skills and Teamwork Mo – netball, net and wall games	Fundamentals Age 10-11 iCreate Creativity and Communication Mo - Cross country and Gymnastics OAA – FOSS day	Mo – Fundamentals Age 10-11 iThink Reasoning and Problem Solving Swimming	Some Sports Day practice Fundamentals Age 10--11 iMove Agility and Coordination Swimming 2 wks Lauren whole school dance